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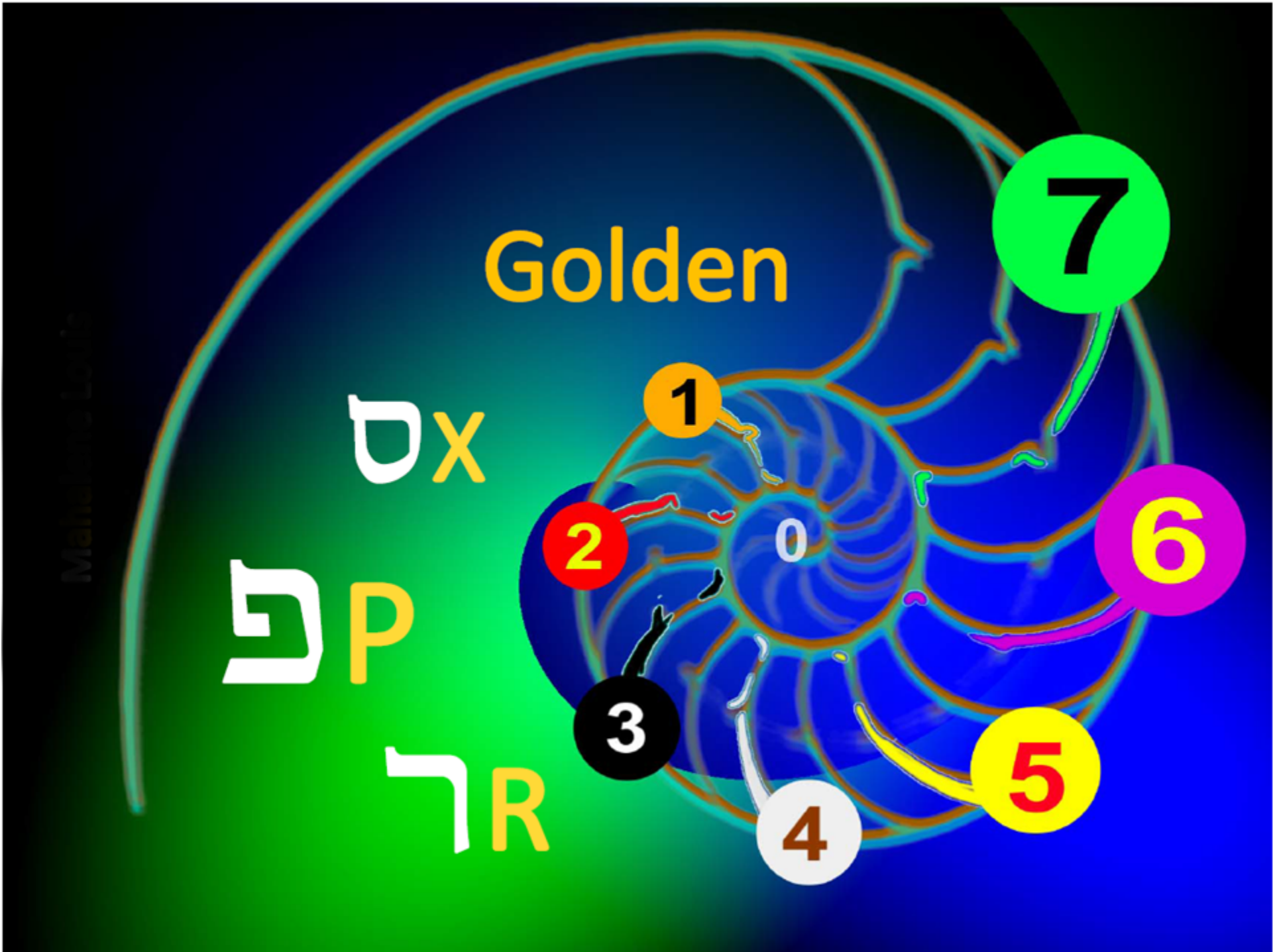
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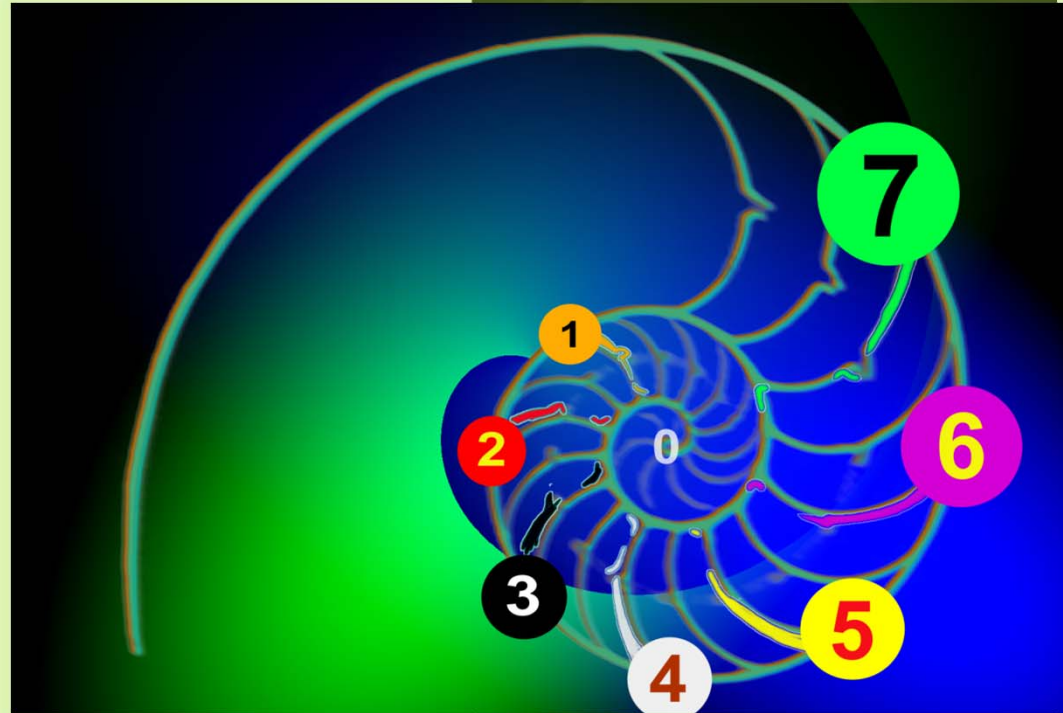
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XPR (Hebrew ספר) for “SPiRaI”



The *Path of XPR (eXPiRe)* is universal, as its design is invoked by Sacred Geometry. When I perceive that there is a universal code to hearing and seeing the soul of perennial truths, I feel the One LOVE of everything and everyone to such degree that any dishonest word or act is impossible. The following pages trace the steps that may lead to making THE Decision.



Free/Freeing Resources

1. I open
*A Big
Enough
WHY*

I Circle
in
PaRaDiSe

After opening the **First Letter**, I let myself be guided on what's next.

The **App** may be found in the iTunes store or Google Play store.

I
purcha
se the
App

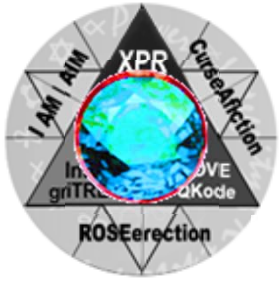
I watch
*THE
END*

I request
Hear/SEE

I inquire
on *THE
END
Workshop*

About **THE Workshop**, I ask myself: what I am willing to Give in order to Receive?

The Letters	A Big Enough Y?	THE Workshop	Hear/SEE	THE END	eXPiRe Tarot App	PaRaDiSe Circle
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THE Decision to Engage



Center image: cover page of *Portae Lvcis* (“Gates of Light”), work of Joseph ben Abraham Gikatilla, Spanish Kabbalist – 13th century.

Hebrew word *Pheleh* for the “Wonder” of **32** Paths of Wisdom of the Biblical Tree of Life. *Pheleh* is the turn around of the first and most “ONEderful” sign: letter *Aleph*.

THE Story	Hunger	Doubt	Betrayal	Defense/Attack	Blame	Defeat
THE Decision	Purity	Faith	Trust	Presence	Acceptance	Laughter

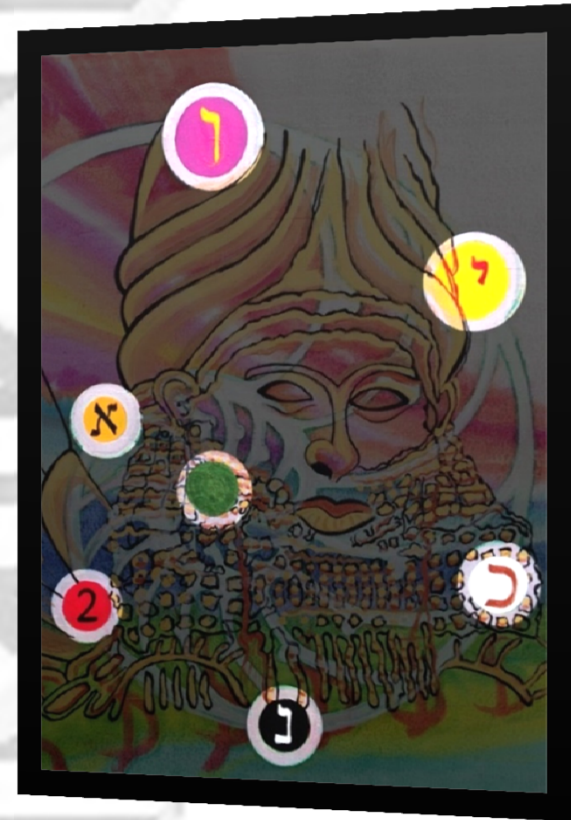
Q: Can you help me to accept that, when life is suffering, there is a path to the end of suffering?
A. No, we can’t. There is no explanation that could convince you of what you must decide for yourself. You must have had enough pain to be ready for how **Truth** will change your life. Until then, it is likely that you will be in some level of **Story**, and not deliberate in making **THE Decision** to engage. You’ll eventually quit before the end, out of imagining that your agreement is with the other, and your investment, in the other.



Engaging with eXPiRe

The PaRaDiSe Circle: Community Gatherings to Understand (“feel”) how XPR’s Organization helps me clear my Disorder:

- 1. The First Book – Entry Workshop.**
to understand the codes behind THE “UⁿderSt^anding” that there is only One of US.
- 2. The Second Book – Core Course in PaRaDiSe (Part 1).**
to understand being secondary, resistance and shame.
- 3. The Third Book – Core Course in PaRaDiSe (Part 2).**
to understand vanity, jealousy and competition.
- 4. The Fourth Book – Expansion Course in PaRaDiSe.**
to understand attention, identities and motivation.
- 5. The Fifth Book – Master’s Course in PaRaDiSe.**
to understand goals, initiation and genius.
- 6. The SIXth Book – Learning/Teaching PaRaDiSe.**
to witness my enthusiasm for US becoming infectious.



The Path of eXPiRe

First Book

Second Book

Third Book

Fourth Book

Fifth Book

The SIXth Book

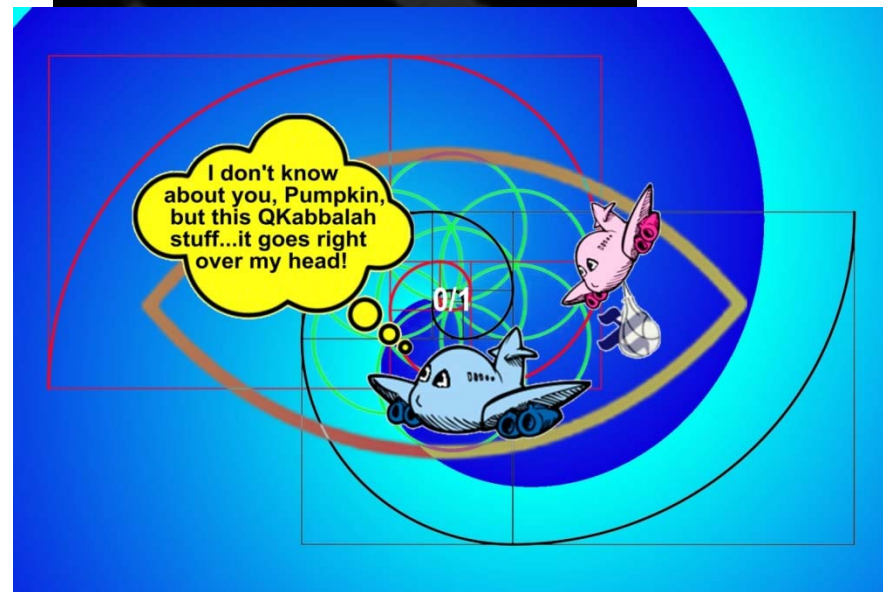
The courses of *The Path of XPR (eXPiRe)* are available throughout the year, one-on-one and in group. The first step is with the **PaRaDiSe Circle** who invite you to join our community (bridge line/locally), and experience the tools in a safe and compassionate environment. Advanced practice is under the auspices of the PaRaDiSe Mystery School.



The First Book

'I am primary when I say "let there be [e.g.; prosperity]," and see that there *was* [_____]! This Power rests on the innate ability to transform matter into energy by way of feeling. The way to transform matter, be it money, body, relationships, the global economy, etc., is by first changing how I *feel* about it. When in my head, I can't say what I mean nor mean what I say: what's spoken is a jumble of fears, and no one hears me. If communication is where my Power is, I may need a language by which to feel and UnderStand the One of US...'

The First Book, a.k.a., the Book of UnderStanding, is the decision to engage in the PaRaDiSe Mystery School. It gives me what I need: a universal code by which to feel language, so that I could do what I know to do. Such shift out of sabotage increasingly happens as I receive the missing understandings by which to be an emissary of LOVE.





The Mystery School

When I **understand** that there is nothing out there, and that the signs I am reading in the “universe” reflect the consciousness that I occupy, I accept that any judgment I make is self-judgment, and start trusting in a “**PaRaDiSe**” found. Note: Hebrew word **PaRDeS** for “orchard” calls **FOUR** traditional ways by which rabbis interpret the Torah. It is newly spelled out and revealed here as the **True Meaning** of “**PaRaDiSe**”.

WHY PaRaDiSe?

M for Mystery

D for Difference

R for Reminder

P for Plainness

S for Secret

T for Truth

The Why of the PaRaDiSe Mystery School is:

To end all mental suffering as I clear the confusion induced by the “God” label, whose abstraction keeps me lonely as I run from the **Mystery**, and angry as I deny the **Truth** that can change *my* life.

The How of the PaRaDiSe Mystery School is:

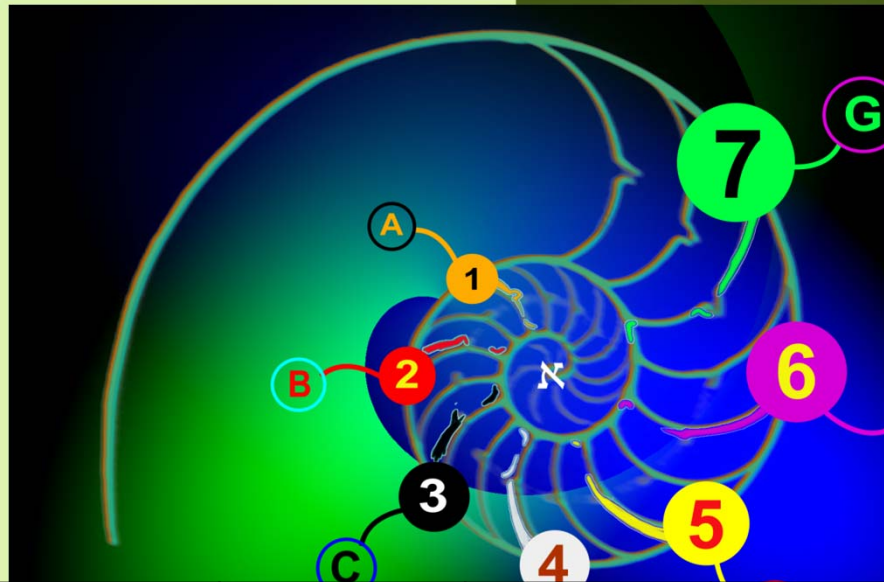
To clear the confusion by using the darkness of the Bible as a scrying mirror, and see the exact places in the decoding where I get lost and feel uncomfortable as vital **Reminders** of my own shame-based **Secrets**.

The What of the PaRaDiSe Mystery School is:

To have the **Plain** wisdom to do no harm, as my knowing the **Difference** between right and wrong grants me the congruency to *actually* do what I know I am to do.



The Totality of eXPiRe



The Letters introduce *the Path of eXPiRe*. **The Numbers** are the curriculum of the PaRaDiSe Mystery School.

The Numbers	The First Book	Second Book	Third Book	Fourth Book	Fifth Book	The SIXth Book
The Letters	A Big Enough Y?	THE Workshop	Hear/SEE	THE END	The eXPiRe Tarot	PaRaDiSe Circle

- **1A: The First Book** is behind **A Big Enough WHY**.
- **2B: The Second Book** is behind **THE END Workshop**.
- **3C: The Third Book** is behind **Hear/SEE**.
- **4D: The Fourth Book** is behind **THE END; a picture book**.
- **5E: The Fifth Book** is behind **the eXPiRe Tarot App**.
- **6F: The SIXth Book** is behind **The PaRaDiSe Circle**; the spiral completes with **7G: It's A B-ginning & Mercury REDROgrade**, for me to eternally eXPiRe to who's counting.



Depth & Psyche



Sigmund Freud

In a letter to Ms. Edith Schroeder who had inquired on “the significance of Freud’s Jewish descent for the origin, content and acceptance of psychoanalysis,” Carl Jung replied: “One would have to take a deep plunge into the history of the Jewish mind. This would carry us beyond Jewish Orthodoxy... into the intricacies of the Kabbalah, which still remains unexplored psychologically.” *C.G. Jung, 1973, Vol. 2, pp. 358-9*

Carl Gustav Jung



Psychology is a science. Yet, it is also the “study of the soul,” which places it in the domain of religion. *eXPiRe* synthesizes science’s deduction and religion’s revelation by using an experiential process. The purpose of psychology – to end **Suffering** – can now be fulfilled, as **Freud & Jung**, the giants of the psyche, are reconciled through the psychological decoding of the QKabbalah, a.k.a. the “soul” of the Torah, starting with **Genesis**:

Move column to column, using the words in brackets to feel the wisdom / folly of a specific column: when I suffer from [**Freud**], I don’t understand [**Jung**]. I thus stay stuck in [**Suffering**], e.g.; When I suffer from [**Violence**], I don’t understand [**Synchronicity**], and thus stay stuck in [**Secondary**].

Suffering	Secondary	Resistance	Shame	Jealousy-Vanity	The Fall	Competition
Freud	Violence	Libido	Inhibition	Hysteria	Indulgence	Convention
Jung	Synchronicity	Archetypes	Persona	Complex	Alchemy	Individuality



The Gølden Rule

9		8		7		6		5		4		3		2		1	
Complete		Ordering		Engaged		Rising		PAIRfect		Safe		Changing		Divided		Open	
9	T	8	H	7	G	6	UVW	5	E	4	D	3	C	2	B	1	∞
90	Z	80	F P Ph	70	O	60	X	50	N	40	M	30	L	20	K	10	I JY
900	Z f.	800	P f.	700	N f.	600	M f.	500	K f.	400	Th	300	S Sh	200	R	100	Q

What will it take to change an insane habit, and move to wisdom? The core message on how to do so is simple: “do unto others as you would have them do unto you, love the neighbor... and brush your teeth!” Such is the body of the law, given by Prophets (and dentists) across traditions. Although transcultural, we still can’t hear it, as shown by our many wars and petty ‘toothaches.’ *eXPiRe* speaks to the child in me, to heal the **GR**eed that separates **G**iving from **R**eceiving. When I join my two hands at the thumbs (**5+5**), I see the **10** digits (from French *doigts* for “fingers”) as a 9-branch candelabrum: its giant “Noah’s ark of **GR**ace” hosts the Hebrew letters and their numbers as “**PAIRS**” of animals (e.g.; **4 + 6 = 10**), for my **G**iving/**R**eceiving to be One; **Safe and Rising!**

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